MARCH 2019

Refrigerator Poster

Recipes for Success

Practical Activities to Help Your Child Succeed

READING

Encourage your youngster to "read" a book using only the pictures. He'll prac-

tice inferring, or "reading between the lines."

Choose a wordless book, or pick a regular book and cover up the words. Turn the pages, and have your child try to figure out what's happening in

the story just by looking at the pictures. He'll need to look at details and make inferences to get an idea of the plot. For example, he might study characters' facial expressions to infer how they're feeling and whether something

good or bad is happening in the story. read the story aloud, or listen as your youngster When you reach the end of the book, go back and

reads it to you. How accurate were his inferences?

2

Add a letter SPELLING

In this collaborative game, no one knows what word the players will end up

Ingredients: magnetic letters or letter tiles

adds the second letter (a). You must come up with a word that starts with catable. Now your youngster thinks of a word beginning with ϵ (candle) and she Secretly pick any word (say, cupcake) and place only its first letter (c) on the

word and no more letters can be added Continue adding one letter at a time until you've formed a complete

The first person with 50 points wins. word and then starts a new word. scores a point for each letter in the player who contributes a letter (no plural words allowed). The last



My village

help develop school success and

minutes. These fun activities will activity when you have a few the refrigerator and sneak in an Just hang your Recipes poster on

box as you complete the "recipe." positive behavior. Check off each

your child "see" division. Constructing this block village can help

Ingredients: building blocks

43 blocks and is planning 5 buildings, each problem he made. For example, if he has ber. Have him tell you the division so each building gets an equal numcontain, then divide up his blocks how many buildings his village will Suggest that your youngster decide

Idea: Encourage creative thinking by asking how he can make each building would be $43 \div 5 = 8$, remainder 3. pile should have 8, with 3 left over. His equation

look different even though he's using the same number of blocks

GRAPHING

graph a handful of trail mix to see Let your youngster sort and which ingredient is the most comeach type, being careful to line them mon. She can make a column for up evenly. Ask her questions ("How many more almonds are there than together! to answer them. Now enjoy a treat raisins?"), and have her use her graph

> Your child will need to listen LISTENING

them on a musical next few lines or play him hum or sing the he knows. Then, have carefully to finish your tune. Hum a few lines from a song

you to guess him hum a song for switch roles, and let instrument. Now

Recipes for Success

Practical Activities to Help Your Child Succeed

MARCH 2019

WRITING

Solar system role-play ASTRONOMY

3)

Act out movement in the solar system-but be careful not to get too

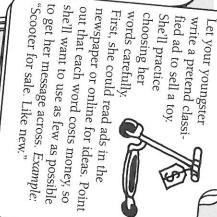
Ingredients: three sticky notes, pencil or crayons, flashlight Have your child decide who will be the sun, the Earth, and the moon. She could make a name tag for each person to wear by label-

slowly rotates (spins around) while revolving (walking in a circle) point it at the "Earth," who should stand about 6 feet away. The Earth In a dark room, the "sun" (light source) can hold the flashlight and ing or illustrating sticky notes.

around the sun. The "moon" revolves around the Earth. What does your youngster notice? The sun shines on one side of the

side is dark (nighttime). When the Earth Earth at a time (daytime) while the other

is between the sun and the moon in a straight line, the moon is dark (a lunar eclipse). And when all three are perfectly lined up with the moon in and the Earth is dark (a solar eclipse). the middle, the moon blocks the sun,



WORD PROBLEMS

story problem in his own words. He Ask your child to retell a math of his pet. This will help him relate might swap in his name or the name and math words (add, He should keep numbers easier—and more fun—to solve. Note: personally to the problem, and it'll be

take away) the same

0

Spring is around the corner! Invite your young artist to make springtime flowers to decorate your home. She could use materials like construction paper, tissue paper, and pipe cleaners. Then, she can arrange the bouquets flowers in colorful

Signed (parent or adult family member)

Signed (child)

We finished

activities together on this poster.

Congratulations!

DEPENDABILITY

minutes, 15 minutes, and 5 minutes left watch and announce when there are 30 or run errands. Ask him to look at a you need to leave to visit a relative timekeeper. Write down what time by appointing him as the family Help your child learn to be punctual

RESPONSIBILITY

RSVP or write to tell the hosts whether she's coming. She'll learn responsibility—and work on using good manners, too invited to a party, give her the job of responding. She can call, email The next time your youngster is

COOPERATION

and anyone who knows the answer says it. ation challenge. One person reads the clues, Trade roles so everyone gets a Another person fills in the words Turn a crossword puzzle into a family cooper

HEALTH

chance to read and write

spread germs This time, he won't before shaking yours. him to wash his hands Repeat the activity, but tell shared his "germs" with you. into it. Now shake hands—he'll see he has ter onto a plate, and have him press a hand why hand washing is important. Sprinkle glit-This "sparkly" activity shows your child