



**SEBASTIAN**  
**MIDDLE SCHOOL**



6<sup>th</sup> Grade Electives



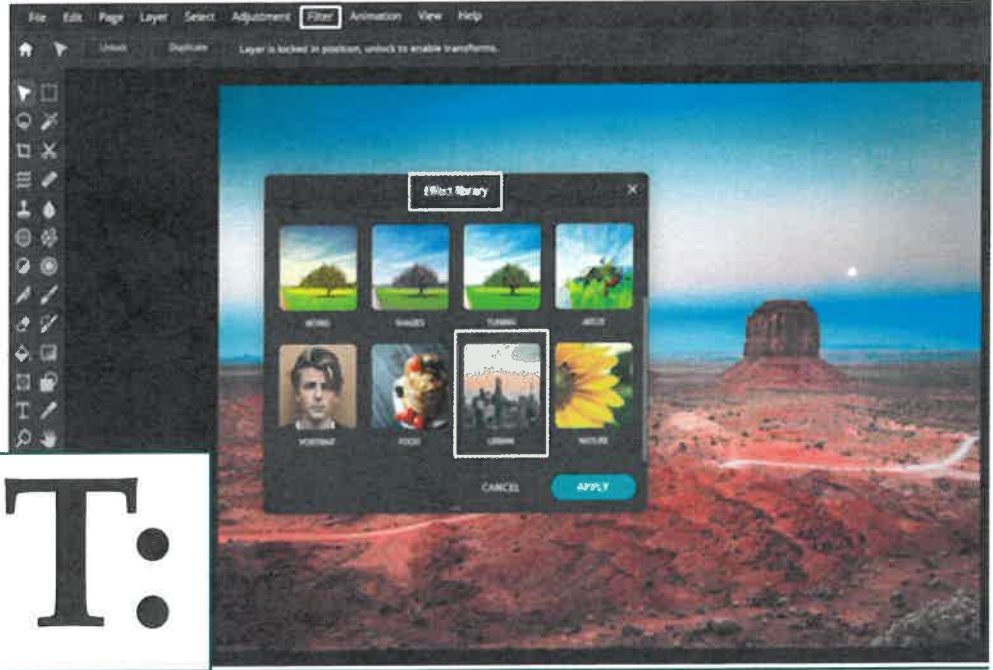
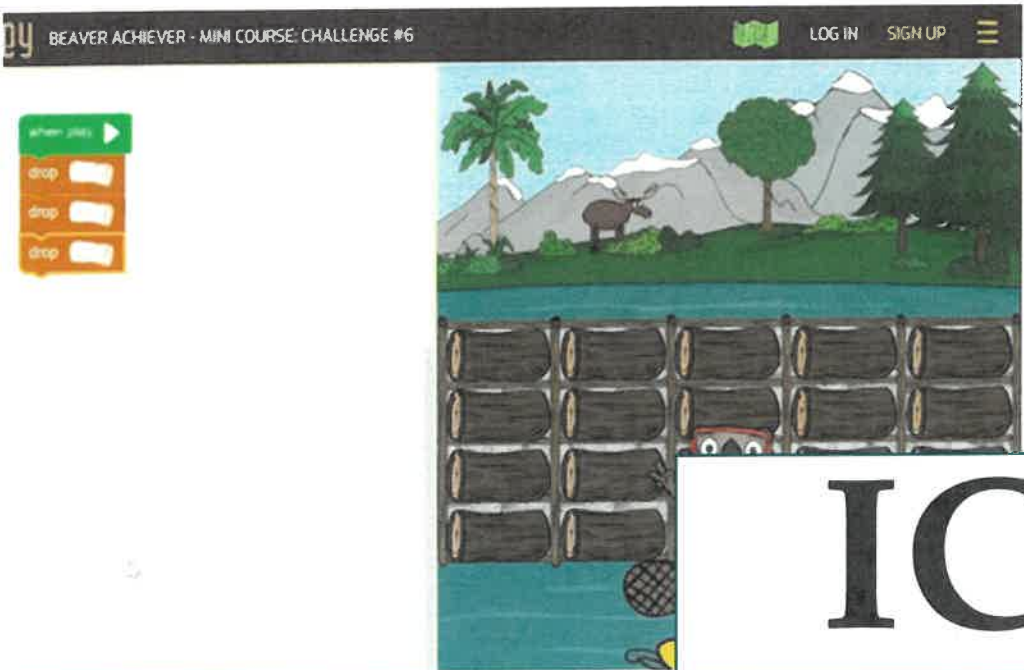
# Physical Education

PE class is designed to help students improve their overall health and fitness, setting them up for success in life. Students are expected to:

**Be Prepared:** Wear appropriate attire and be ready for any type of weather

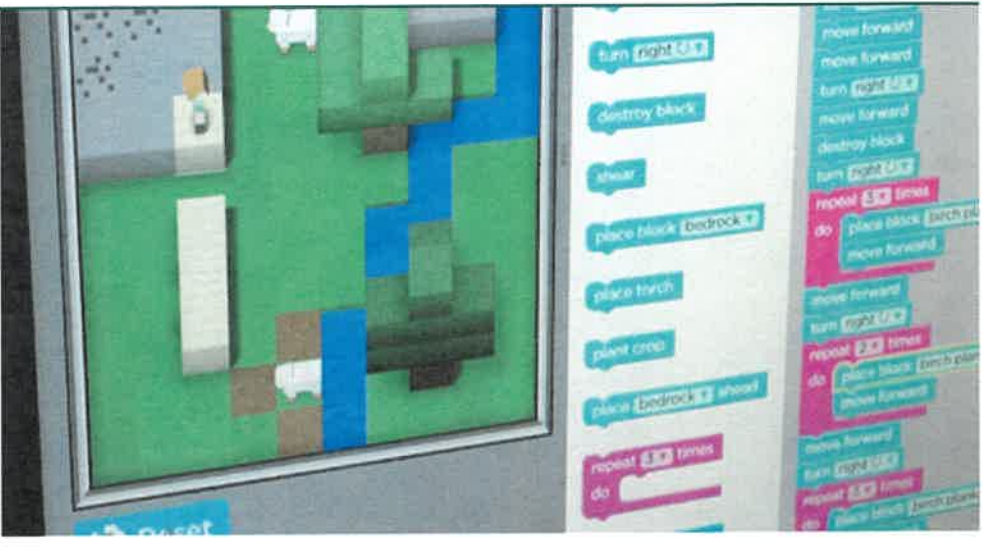
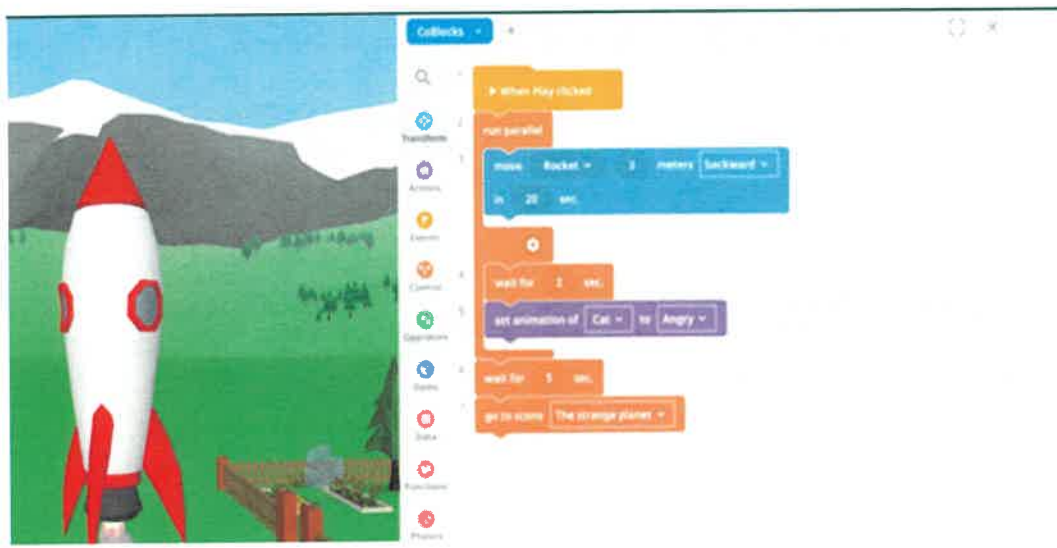
**Actively Participate:** Engage in all activities, including games, exercises, and classwork, to enhance physical wellness

**Develop Fitness & Skills:** Take part in a variety of activities aimed at improving strength, endurance, coordination, and overall health



# ICT:

# Introduction to Information Technology



ICT class equips students with essential technology skills to support their future academic and career goals. Throughout the course, students will develop proficiency in:

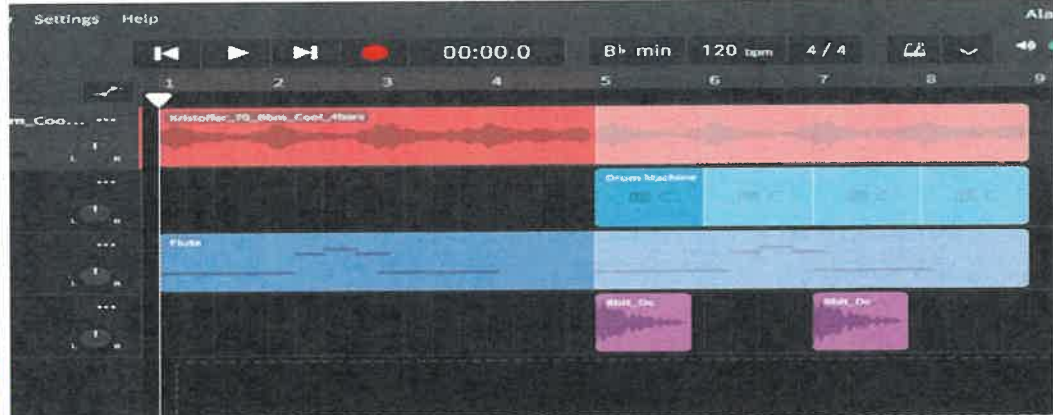
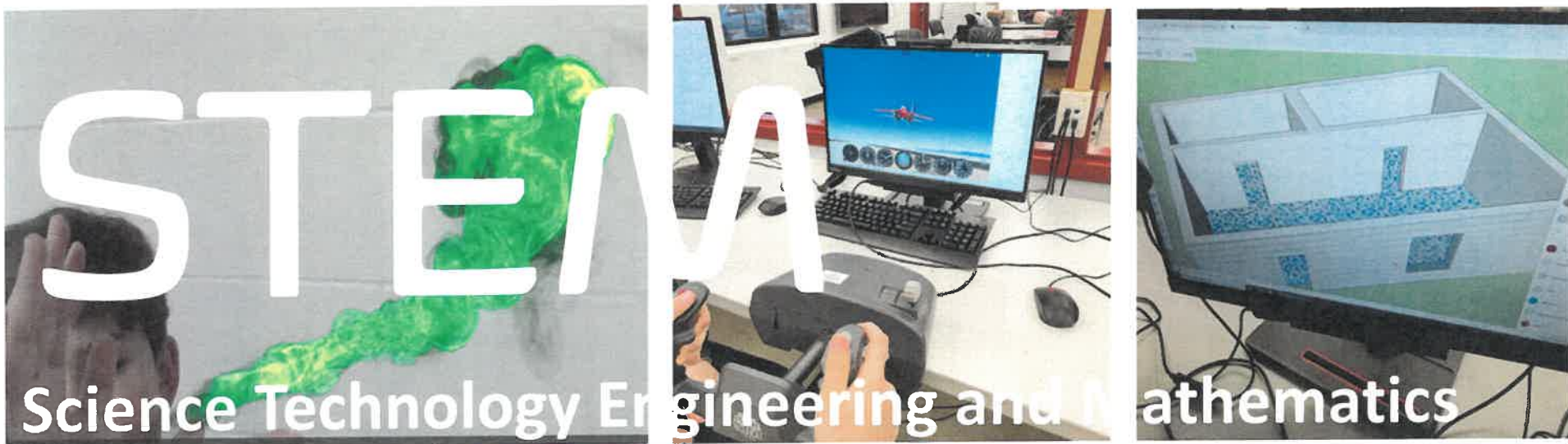
- **Web Design & Multimedia** – Creating and managing digital content.
- **Word Processing & Spreadsheets** – Enhancing document and data management skills
- **Databases & Internet Communications** – Understanding data organization and online communication tools
- **Cybersecurity** – Learning how to protect digital information
- **Computer Programming** – Developing coding skills for problem-solving and innovation

At the end of the course, students will take an exam that can earn an industry certification



STEM CERTIFIED SCHOOL

Science Technology Engineering Mathematics  
*Strategize Transform Experiment Modify*



In STEM, all students experience:

- Game Design
- 3D Printing
- Architecture
- Video Editing
- Audio Editing and Music Creation
- Animation
- Robotics
- Aerospace
- Coding and App Design
- Engineering Concepts





# Band

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Band class is designed to help students, including those with little or no prior experience, develop fundamental music skills. Students will learn:

- **Instrument Techniques** – Proper playing techniques for various instruments.
- **Music Reading & Theory** – Understanding notes, rhythms, and musical expressions.
- **Ensemble Performance** – Playing together as a group to create cohesive music.
- Students can choose to play instruments from three main sections:
  - **Brass** – Trumpet, French horn, baritone, trombone, tuba
  - **Woodwind** – Flute, clarinet, saxophone
  - **Percussion** – Snare drum, bells, bass drum, timpani

# Orchestra



This class is designed to help students, even those with little or no prior experience, develop fundamental skills on string instruments. Students will learn:

- **Instrument Techniques** – Proper playing posture, fingering, and bowing (for orchestral strings)
- **Music Reading & Theory** – Understanding notes, rhythms, and musical structure
- **Ensemble & Solo Performance** – Developing skills to play both individually and as part of a group

Students can choose to learn one of the following string instruments:

- **Violin**
- **Viola**
- **Cello**
- **Bass**



# 2D ART



This class allows students to explore a wide range of artistic media and techniques while developing their creativity and skills.

Throughout the course, students will experiment with:

- **Drawing** – Using pencils, charcoal, and other materials to create expressive and detailed works.
- **Painting** – Learning color theory and various painting techniques with watercolors, acrylics, and more.
- **Printmaking** – Creating unique prints using different methods.
- **Collage** – Combining textures and materials to form creative compositions.

Students can take this course throughout all years of middle school, and all necessary supplies are provided.

# Guitar



This class is designed to help students, even those with little or no prior experience, develop fundamental skills on the guitar. Students will learn:

- **Basic Playing Techniques** – Proper hand positioning, strumming, and fingerpicking
- **Music Reading & Chords** – Understanding tablature, chord progressions, and notation
- **Ensemble & Solo Performance** – Developing confidence in playing both individually and in a group setting
- Guitars are provided for students, and the class includes two performances outside of school hours to showcase their progress

# Theatre





Drama class introduces students to the fundamentals of theater performance, helping them develop confidence, creativity, and communication skills. No prior experience is required. Students will learn:

- **Acting Techniques** – Voice projection, body movement, and character development
- **Stage Presence** – Understanding blocking, expression, and audience engagement
- **Script Reading & Performance** – Developing storytelling skills through rehearsals and live performances
- The class includes out-of-school performances, allowing students to showcase their talents and apply their learning in a real theatrical setting